

The Offer Of Merit

The core purpose of teaching students The Offering of Merit is to help them understand that their positive thoughtfulness can be projected on to others who are around them and who are in need.

- Teacher will read the statement to the children and have students repeat during each lesson after meditation once the students have reached peacefulness and are in harmony.

Repeat with students-

May all our positive energy today -

Become the cause for peace and happiness in the world.

May peace and happiness begin with us.

- Teacher is encouraged to give students examples of how they can give happiness on a daily basis; *eg some basic acts of kindness are to-*

Listen to your teacher.

Obey parents.

Be kind to each other.

The aim is for students to memorise these core values.